

NEWS AND
INFORMATION FROM
THE MOSS
TRAUMATIC BRAIN
INJURY MODEL
SYSTEM



Brain-e-News

F A L L 2 0 1 2

RESOURCES

MossRehab Resource Net
www.mossresourcenet.org

The Center for Outcome
Measurement in Brain Injury
www.tbims.org/combi

Brain Injury Association of
America
www.biausa.org

Brain Injury Resource Line
1-800-444-6443

Brain Injury Association of
Pennsylvania
www.biapa.org
1-866-635-7097

Brain Injury Alliance of New
Jersey Inc.
www.bianj.org
1-732-745-0200
Family Helpline
1-800-669-4323

Brain Injury Association of
Delaware
[www.biausa.org/Delaware/
bia.htm](http://www.biausa.org/Delaware/bia.htm)
1-800-411-0505

Pennsylvania Department of
Health Brain Injury Helpline
1-866-412-4755
TTY 1-877-232-7640

Model System Knowledge
Translation Center (MSKTC)
www.msktc.org

Moss TBI Model System Gets “Five More Years”

We are very pleased to report that as of October 1, 2012, MossRehab and Moss Rehabilitation Research Institute have received their 4th consecutive award for 5 years of funding from the National Institute on Disability and Rehabilitation Research as a TBI Model System of Care. Under the direction of Tessa Hart, PhD and John Whyte, MD, PhD, the Moss Traumatic Brain Injury Model System will join 15 other centers in the US for the 2012-2017 TBI Model System cycle. The acute care partners of the Moss TBIMS include Einstein Medical Center and Temple University Hospital in Philadelphia, and Cooper Healthcare System in Camden, NJ.

TBI Model Systems operate as “centers of excellence” for outstanding clinical care to improve the lives of people affected by TBI, and cutting-edge research designed to create and disseminate new knowledge about TBI outcomes and treatments. The 16 TBIMS centers collaborate on a National Database that now contains information from more than 10,000 patients nationwide, which is used to study the factors that affect outcomes. Local projects and separately funded collaborative research studies examine the impact of new treatments.

Tessa Hart, PhD,
Moss TBIMS Project Director

A professional headshot of Tessa Hart, PhD. She is a woman with blonde hair, smiling, wearing a dark blazer over a patterned blouse. She is standing in front of a dark, textured background.

Our projects for the upcoming cycle include 2 new research studies, both focused on common problems after TBI: emotional distress, and pain. In the first project, we will study whether certain kinds of SMS (text) messages can help people with TBI deal with feelings of depression and anxiety. In the second project, we will lead an international team to develop a behavioral scale to measure pain, for use with patients who are unable to communicate about the intensity or source of pain sensation. The Moss TBIMS will collaborate with other centers on studies called “modules,” which will be selected at the December, 2012 Project Directors meeting in Washington, DC.

It isn’t all about research! The Moss TBIMS will join forces with 7 other rehabilitation facilities in the greater Philadelphia area and southern New Jersey to hold a 1-day conference for people with brain injury and their families. In partnership with the Brain Injury Association of Pennsylvania, we will also conduct brain injury seminars in rural and underserved parts of the state, and will work on a special project designed to help people with brain injury to succeed in college.

We look forward to all of these efforts and to keeping you up to date on them. Stay tuned for more!

Joggin' for Noggins



held at Tyler State Park, the event had to be moved due to the effects of Hurricane Sandy. But the change in location didn't dampen the enthusiasm of more than 100 participants, some volunteering from local universities. One of these was Drexel University student, Lauren Bilski, who is the current Miss Philadelphia. She has used her position to help make people aware of brain injury.

Prizes were awarded for the top three finishers in each of the five age groups. Participants included 7-year olds as well as runners over 65 years of age. We thank all those individuals who helped make the day a success, either by running/walking/rolling, volunteering, or donating!



Joggin' for Noggins, a 5K Run, Walk and Wheelchair Roll, was held on Saturday, November 3, 2012 at Council Rock High School. The event was co-sponsored by the Drucker Brain Injury Center at MossRehab and the Brain Injury Association of Pennsylvania, with proceeds benefiting both organizations.

Originally planned for Ty-



EMPOWERMENT and SUPPORT GROUP INFO:

PENNSYLVANIA EMPOWERMENT GROUP

The Elkins Park Empowerment Group meets on the **second Monday** of each month from 6-7:30 at 60 Township Line Road, Elkins Park, PA 19027.

For more information, contact
Debbi Eisen at 215-663-6857 OR
Katie Soreth-Harman at 215-663-6757

NEW JERSEY SUPPORT GROUP

The New Jersey Support Group meets on the **Fourth Monday** of each month from 5:30-6:30 at 135 S. Broad Street, Woodbury NJ 08096.

For more information, contact
Dayna Scott at 856-853-9900 ext. 102

Dr. John Whyte receives CoBI's Annual Award

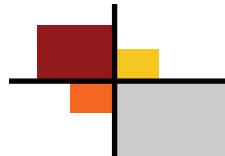
Dr. John Whyte was selected by the Council on Brain Injury (CoBI) to receive its annual award. The Council on Brain injury was founded in 2007 with support from ReMed in order to fund education, support research and to advocate for improved services for those with a brain injury.

Dr. Whyte is the Co-Director of the Moss TBIMS and Director of the Moss Rehabilitation Research Institute. He holds teaching appointments at Jefferson Medical College and Temple University School of Medicine. His most recent work on the medication Amanatadine to facilitate a quicker recovery from brain injury has received national attention. Dr. Whyte will add this award from the Council on Brain Injury to a list of other prestigious honors. The presentation was made on October 2, 2012 at the Council on Brain Injury's annual award dinner at White Manor Country Club in Malvern, PA from ReMed's Medical Director, Dr. Keith Robinson.

Congratulations John!



Dr. John Whyte (left) and Dr. Keith Robinson



Faces of the TBI Model System: Tincy Philip

Tincy Philip is the newest member of the Moss TBIMS Research team. A recent graduate of Temple University with a major in Biology and a minor in Cognitive Neuroscience, Tincy began work at the Moss Rehabilitation Research Institute as a volunteer before obtaining her current Research Assistant position in Dr. Hart's TBI Clinical Research Laboratory.

In her first year on the TBIMS team, Tincy has worked on a number of different studies, with her primary responsibility being recruitment of eligible inpatients into the TBIMS database. Now, with the renewal of the TBIMS grant, she will add the new study on pain to her already busy workload.

Tincy says that her favorite part of her position is working with patients and families. When Tincy is not working, she is involved in her Church and also enjoys playing the guitar, cooking, trying new restaurants, and traveling.

A belated welcome to the TBI Model System team, Tincy!

Websites to Watch

The Model Systems Knowledge Translation Center (MSKTC) summarizes research, identifies health information needs, and develops information resources to support the Model Systems programs in meeting the need of individuals with traumatic brain injuries, spinal cord injuries, and burn injuries. Knowledge translation is the process by which new knowledge is transformed into information that benefits society through changed policies, behaviors, programs and practices. The Center maintains a website that consumers and professionals can access: www.msktc.org.

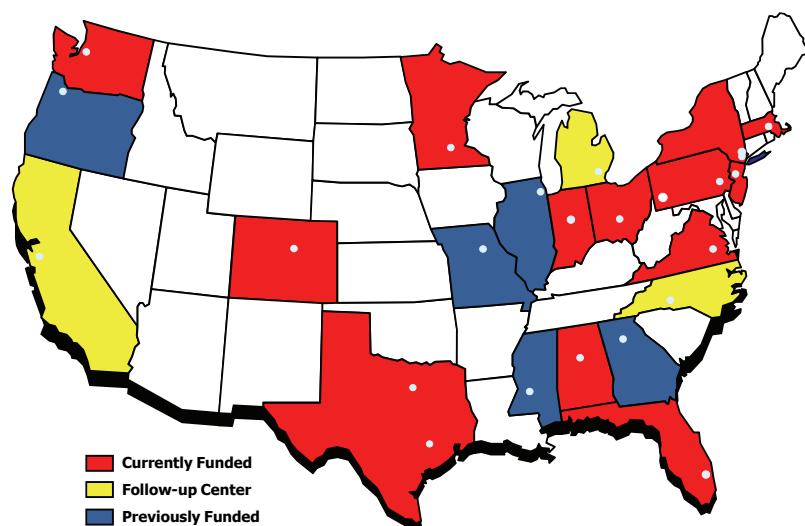




The Moss TBI Model System

- ♦ The National Institute on Disability and Rehabilitation Research has designated MossRehab as a Model System of Care for traumatic brain injury since 1997.
- ♦ The TBI Model System program seeks to improve lives by creating and disseminating new knowledge about the course, treatment and outcomes of TBI.

The Traumatic Brain Injury Model System (TBIMS) Centers for the current funding cycle (2012-2017):



EINSTEIN HEALTHCARE NETWORK
MossRehab

ATTN: Kelly Bogmar
Elkins Park, PA 19027
50 E. Township Line Road
MossRehab at Elkins Park Hospital